

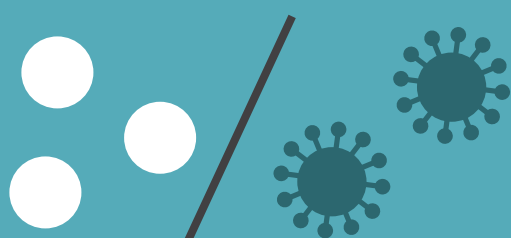
# ARE YOU READY FOR PrEP?

## PrEP 101

### PrEP Basics

PrEP stands for  
**Pre-Exposure Prophylaxis**

The word “prophylaxis” means to prevent or control the spread of an infection or disease



PrEP can help prevent you from getting HIV if you are exposed to the virus

PrEP is an HIV prevention option that works by taking

**one pill every day**



### How Does It Work?



Some of the same medicines prescribed for the treatment of HIV can also be prescribed for its prevention

In several studies of PrEP, the risk of getting HIV infection was much lower — up to 92% lower — for those who took the medicines consistently than for those who didn’t take the pill



WITH MEDICINE

WITHOUT MEDICINE

**92%**  
LOWER RISK



When taken every day, PrEP can provide a high level of protection against HIV, and is even more effective when it is combined with condoms and other prevention tools



People who use PrEP must take the medicine every day and return to their health care provider every 3 months for follow-up and prescription refills



#### SIDE EFFECTS

Some people in clinical studies of PrEP had early side effects such as an upset stomach or loss of appetite, but these were mild and usually went away in the first month. Some people also had a mild headache. No serious side effects were observed. You should tell your health care provider if these or other symptoms become severe or do not go away.

**Start Talking. Stop HIV.**



**ACT**  
against  
**AIDS**

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